

Advocacy Slide Deck Series 4 Information for Caregivers "Cheat Sheet"

This cheat sheet is intended to draw your attention to points within the presentation slides. Additional information and more detailed support for selected slides follows.

Please use these links and the information they supply to support you — consider using them as you are preparing your presentation since they will allow you to address issues that you consider most important to your audience and will make answering any questions easier.

All sources listed have information that is extensive and reputable. Please take some time to look at the documents as you plan your presentation.

Members of the Metastatic Breast Cancer Alliance have numerous resources to support family and friends caring for a loved one with MBC.

Go to <u>mbcalliance.org</u> for an updated resources list for caregivers available from Alliance members.

All slides were informed by:

- American Cancer Society: https://www.cancer.org/treatment/caregivers/if-youre-about-to-become-a-cancer-caregiver.html
- Cancer Support Community: https://www.cancersupportcommunity.org/caregivers
- Living Beyond Breast Cancer: https://www.lbbc.org/caregiver
- National Coalition for Cancer Survivorship: https://canceradvocacy.org/resources/cancer-survival-toolbox/caring-for-the-caregiver/
- Triage Cancer: <u>TriageCancer.org/Guide-Caregiver</u>
 <u>TriageCancer.org</u> has numerous resources for family and friend caregivers to help with multiple issues including logistical, work, and legal questions.